

Are you a carer for someone with dementia in Sheffield and want to learn more?



The Burton Street Foundation, Hillsborough

57 Burton St, Hillsborough, Sheffield S6 2HH

**Thursday 19th February 2026 to Thursday 26th March 2026.
10.30am to 12.30pm**

Join our programme of six workshops which will equip you with knowledge, skills and the emotional resilience to support you as a dementia carer. Meet other dementia carers and gain peer support.

 **Alzheimer's Society**
Together we are help & hope for everyone living with dementia

NHS
South Yorkshire
Integrated Care Board

Workshops:

19 February - Understanding dementia and the impact of dementia

26 February - Legal and money matters

5 March - Providing care and support

12 March - Coping day to day and next steps

19 March - Understanding how dementia progresses

26 March - Planning for the later stages of dementia and end of life

How will the workshops be delivered

Each interactive workshop will last for 2 hours and will be delivered over 6 consecutive weeks.

How to book your place

You can book your place by telephoning Alzheimer's Society Sheffield on **0114 276 8414** or email **sheffield-enquiries@alzheimers.org.uk**.

For more information

Contact Sive Poto - Programme Facilitator on **0114 276 8414** or email **sive.poto@alzheimers.org.uk** or **drew.hallsmith@alzheimers.org.uk**.