

Are you a carer for someone with dementia in Sheffield and want to learn more?



Brunswick Retirement Village, Woodhouse.

The Toledo Room, Brunswick Retirement Village, Station Road, Woodhouse, Sheffield S13 7RB

Tuesday 13 January 2026 to Tuesday 17 February 2026. 10.30am to 12.30pm. Join our programme of six workshops which will equip you with knowledge, skills and the emotional resilience to support you as a dementia carer. Meet other dementia carers and gain peer support.



Together we are help & hope for everyone living with dementia



Workshops:

13 Jan - Understanding dementia and the impact of dementia

20 Jan - Legal and money matters

27 Jan - Providing care and support

3 Feb - Coping day to day and next steps

10 Feb - Understanding how dementia progresses

17 Feb - Planning for the later stages of dementia and end of life

How will the workshops be delivered

Each interactive workshop will last for 2 hours and will be delivered over 6 consecutive weeks.

How to book your place

You can book your place by telephoning Alzheimer's Society Sheffield on **0114 276 8414** or email **sheffield-enquiries@alzheimers.org.uk**.

For more information

Contact Drew Hallsmith - Local Services Manager on **0114 276 8414** or email **drew.hallsmith@alzheimers.org.uk**.