



Sheffield's Hospice

## Volunteer Task Profile Complementary Therapist Volunteer

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**Volunteer Lead:** Therapy Team Lead / Assigned Wellbeing Therapist

**Flexible hours:** TBC

**Available to:** Volunteers aged 18+

**Location:** Clifford House & Little Common Lane

**Role Requirements:** Aromatherapy (L3) and or Massage (L3) and or Reflexology (L3) and or Reiki (L2). Recognised examination boards for this qualification include: International Therapy Examination Centre (ITEC) and Vocational Training Charitable Trust (VTCT) or equivalent.

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St Luke's is Sheffield's Hospice, with a vision to support and care for everyone affected by terminal illness in Sheffield. We are a community organisation which means that everything we do is focused on helping people in their own communities as well as at our Little Common Lane site and at our adjoining site on Ecclesall Road South. Our shops are all based in the heart of communities across the city, as are our amazing volunteers and we couldn't do what we do without them.

Our Wellbeing Team are currently looking for Complementary Therapist Volunteers who are able to offer 3 - 4 hrs per week depending on availability between 10.00 am to 3pm to join the team offering relaxation and wellbeing to our clients and patients.

Volunteers must be at least 18 years old to apply for this role. An initial induction period will be provided, during which the volunteer will have the opportunity to shadow experienced team members. As part of the onboarding process, the volunteer will be observed delivering three treatments competently before they are able to treat any patients independently.

Throughout the induction period, there will be regular opportunities to reflect on the practical application of skills, receive support, and explore the potential to work across various areas within the hospice (depending on caseloads and staff availability to support).

The Complementary Therapist Patient centred volunteer should also be able to demonstrate compassion and communicate in a friendly manner. It is important in this role that the individual should be non-judgmental and demonstrate excellent listening skills, whilst being able to take instruction and being aware of the clinical and patient boundaries.

It is a requirement of St Luke's Hospice that the Complementary Therapist Volunteer should be a member of the relevant professional body and have the necessary qualifications to practice Aromatherapy (L3) and or Massage (L3) and or Reflexology (L3) and or Reiki (L2). Recognised examination boards for this qualification include: International Therapy Examination Centre (ITEC) and Vocational Training Charitable Trust (VTCT) or equivalent.

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### What does this role involve?

#### We do require you to assist in:

- Delivering therapies competently, safely and appropriately whilst being aware of contra-indications or precautions and adapting treatments accordingly
- Recognising limitations and refer them to the assigned member of the Wellbeing Team
- Feedback relevant information to the assigned member of the Wellbeing Team

- Report concerns incidents or accidents to the assigned member of the Wellbeing Team
- Support and encourage harmonious internal and external relationships
- Support across both sites – Clifford House initially

**We do not require you to assist in:**

- Patient mobilisation
- Patient care – (personal requirements and assistance)
- Assisting with medication
- Counselling patients
- Discussing patients' personal details/information on the telephone or in person
- Order or purchase stock.
- Record treatments in patient's notes

Complementary Therapist Volunteers are asked to:

- Be dressed in uniform and display the identification badge at all times
- Have a current enhanced DBS generated by St Luke's Hospice
- Abide by the Health & Safety at Work Act
- Attend relevant training in person or complete Mandatory Training online as necessary
- Attend Health & Safety and Infection Control training
- Respect confidentiality applying to all Hospice areas
- Adhere to Hospice policies and procedures
- Comply with the Hospice no smoking policy
- Participate in and contribute to team meetings (if applicable)
- Co-operate and liaise with departmental colleagues.

Benefits

- Gain experience of working in a caring profession
- Opportunity to help people to improve and make the most of their lives.
- Opportunity to meet and work with interesting and diverse people
- Opportunity to give back to the community in a direct and meaningful way
- Get job references and develop a portfolio of skills and training gained
- Reasonable travel expenses paid (in line with the volunteer policy)
- Develop team working skills
- Gain valuable experience to further your career

**Contact Information**

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[www.stlukeshospice.org.uk/volunteers](http://www.stlukeshospice.org.uk/volunteers)