



Saturday 5 October 2019



Course Marshal Volunteer

St Luke's cares for people aged 18 and above throughout Sheffield who have terminal illnesses. We aim to control their symptoms, alleviate pain, and give them the best possible quality of life – all free of charge.

What is Night Strider?

Night Strider is Sheffield's only walking half marathon and 10k event. On **Saturday 5 October** one thousand people will take to the streets of Sheffield to support our care for terminally ill patients and their families.

It will be an incredible night – hundreds of people illuminated with light, striding together under the Sheffield night sky – with every step helping us raise the vital funds needed to ensure we can continue providing the very best care for the people of Sheffield.

What will I be doing?

Our volunteers are so important to us - without your help we couldn't do all that we do to care for the Sheffield people who need us most. We need your support to ensure that this event is a night to remember!

As a Course Marshal Volunteer you'll be given a spot on the route (between mile 1 and mile 11) and will help to keep walkers motivated and ensure that they are going the right way. We will confirm your position closer to the time of the event. We are looking for friendly and patient team members who are able to remain upbeat (even in potentially bad weather) and are able to stand still whilst motivating our walkers.

How much time do I need to commit?

Night Strider takes place on **5 October 2019**. Various time slots between 6.30pm – 11.30pm are available and will be confirmed closer to the time of the event.

What support will I get?

You will be contacted by a member of the St Luke's team before the event and will be given more information about your role and what you can expect on the night. You will

also receive a full briefing, and a high-visibility vest, when you arrive. The Volunteer Marshal Manager will be on hand to support you and answer any questions that you may have. Volunteers will work in teams of 2 in most cases and will have frequent contact with the Volunteer Marshal Manager.

What are the benefits?

- The atmosphere! Night strider is an amazing experience and you will get the huge satisfaction of supporting our walkers – it feels great seeing their faces break in to a big grin when they see you!
- You will be supporting the fantastic work of St Luke's hospice; keeping us going and improving the level of care we offer to our patients and families.
- The opportunity to meet new people and develop new skills. It is also a great introduction to the St Luke's Volunteer community.
- All travel expenses can be refunded within reason and with prior agreement.

How do I sign up?

If you have any more question, or would like to apply, please call Zoe on **0114 235 7524** or email **fundraisingevents@hospicesheffield.co.uk**